



**Central Call Service for Referrals
in all areas of need**

**HANDS-ON: 221-2255 or
211 (phone use for 614 area code only)
24 hours, every day**

Foodlink hotline provides referrals for services in Franklin County. Contact **341-2282**. 7:00am.-4:00pm., Mon., Wed., Fri. and 7:00am.-8:00pm., Tue., & Thur.

370 South Fifth Street, Columbus, OH 43215
For free Hands On directory of services, go to
211centralohio.org

The Ohio Benefit Bank

A service to help qualify those in need for government assistance programs or help with taxes. Please call 1-800-648-1176 to meet with a counselor at a location near you or go online to:
<https://selfserve.thebenefitbank.com/ums>

**Employment Online Resource Site:
ColumbusCareerNetwork.org**

Info taken from various resources and on-line websites.



**6000 Cooper Road
Westerville, Oh 43081**

**urban.ministry@vineyardcolumbus.org, 259-5441 or
www.vineyardcolumbus.org, 890-0000**

Columbus Area Social Services Resources For Referrals

A guide to finding local help in the Columbus area



***“Build a Bridge of Friendship and
Let Jesus Walk Over It...”***

**Vineyard Columbus
Revised and updated:
October 2015**

Dear Friend,

Welcome to Vineyard Columbus! As a church community, we believe that God accepts us just as we are. No matter what stage in life, no matter what we have done, no matter what we look like, say, or do, He loves us. He loves us with such a rich love that He gave His one and only Son to die for us on the cross. It is a free gift that is extended to you today. You do not have to purchase or do anything to receive it. The Word says that by simply confessing and believing that He paid the penalty for your sin, you can receive everlasting life- life to the full. I invite you to accept His precious gift.

We hope you can use this booklet to find information for some of the social service resources available in the Columbus area. This by no means lists them all! You can always call the central referral agency **HANDS-ON**. We know how difficult it is to live life alone. If you are not connected to a small group, we want to encourage you to look for one in our Small Group Booklets. Our Community Center also can provide services for families and individuals. Check out the listings of programs they have in their booklet called, *The Program* or go to www.vineyardcommunitycenter.org

Finally, Vineyard Church has many support and recovery groups and a counseling center. Please feel free to contact us at the church at 614-890-0000 if you have any questions or would like to learn more about our ministries.

Warmly,
Vineyard Columbus/Urban Ministry

IMPACT, 700 Bryden Rd. (rent, gas, electric) 614-252-2799

Dept. of Aging 55 & older. Large variety of help including utilities and jobs. Contact 1-866-243-5678 at 50 W. Broad St., 9th Fl.

Creative Housing provides safe, affordable housing for people with disabilities. Contact 418-7725 or website www.creativehousing.org

Broad Street Presbyterian Compass Program will help pay rent and utilities. To meet with a counselor, call 463-9612.

Homeport (Columbus Housing Partnership) focus on affordable housing solutions and provides rent and fur-purchase homes, financial education and social services for those with low income to help them succeed. 562 E. Main St., 614-221-8889.

The Homeless Families Foundation provides housing assistance, holistic case management, children's education center. 33 N. Grubb St. 614-461-9247
AARP Foundation Senior Community Service Employment Program

Citizens Circle helps ex-offenders returning to the community to make the change from "offender" to "restored citizen". Contact United Way for more info at 241-3071. Includes different partnerships.

Alvis House works with individuals in transition from being involved in criminal justice system as they re-enter the community. Operates supported living and residential programs for people with developmental disabilities as well. 2100 Stella Court, 614-252-8402.

Foundations For Families (614) 342-2121
1889 Genessee Avenue Columbus OH 43211. Office hours 10 am to 6 pm M-F
Support services for victims of crime: Community outreach and education, advocacy (including court advocacy), access and referrals to medical and social services, assessment of victim safety and assistance in formulating a safety plan, individual counseling and group support, assistance with filing Victim Compensation Application, and VINE registration.

Locations that will help with ID's:

J.O.I.N. , 578 E. Main St., 241-2530. Birth certificate vouchers.
M-F 10-11:30am. and 1-2:00pm.

Stone Village, 139 E. 2nd Ave., 579-5493. Birth certificate vouchers.
Weds. 9:00am.

State ID Info-State of Ohio Bureau of Motor Vehicles
Contact 752-7500 or for drivers license 752-7600, license plate 752-7800.

Other Organizations

National Federation of The Blind

4501 N. Fourth St. Services include advocacy, Braille Monitor, Cane Bank, Digitized Newspaper reading service by phone, form assistance.
Contact: 448-1673 or Eric Duffy, Pres. @935-6965, www.nfbohio.org.

Ohio Hispanic Coalition

6161 Busch Blvd., Suite 311. Services include community education and outreach, domestic violence hotline (746-3534, 24 hrs.), ESL, legal and immigration services, prenatal and postnatal health. Contact: 840-9934.

Central Ohio Area Agency on Aging, 174 E. Long St.,
Contact 645-3884 or on line at www.coaaa.org

Community Connection for Ohio Offenders, 933 E. Main St.
Reintegration services for ex-offenders. Contact 252-0660.

Franklin County Reentry Coalition 373 S. High St., 25th Fl. Resources for those coming out of incarceration into society. Contact 525-5577 or www.Franklincountyohio.gov/reentry/

The Charitable Pharmacy of Central Ohio The Charitable Pharmacy's primary mission is to provide affordable and appropriate pharmacy services* and coordinate access to health care for people who are vulnerable** in our community. **Pharmacy Services: Medicines and necessary services to ensure optimum clinical outcomes.* ***Vulnerable: Those living at or below 200% of the Federal Poverty Level who are uninsured or underinsured for prescription medications.* 200 E. Livingston Ave., Columbus, 43215. New patients by appointment only: 614-227-0301. www.charitablepharmacy@gmail.com or www.charitablepharmacy.org

Vision Care Fund-OSU College of Optometry Free eyes exams and glasses to qualified individuals. Call and leave a message with a working phone number and times to reach you. Contact 292-9201.

Vision USA Free eye exam and glasses (\$20 admin fee) to qualified children & adults. Must have a job or live in household with one working member, have no vision insurance, and income below and established level and no exam within in 2 years. Contact 1-800-766-4466 between 8am-10pm. Mon-Fri.

www.eyecareAmerica.org Qualifies older age 65 or older adults for free eye exam and one year of care at no out of pocket cost for any disease diagnosed during the initial exam. Eyeglasses NOT covered. See webpage.

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For more information not included here, please call

HANDS ON at 221-2255 or 211
(24 Hour Hotline)

Columbus Area Shelters & Housing

If you are looking for shelter for anyone who is homeless, all requests are now centralized through HANDS ON. You must call them FIRST. Do not send anyone directly to the shelters. DO NOT SHOW UP AT THE SHELTER. The number to call is HANDS ON: 888-474-3587 (1-888-4SHELTR). This is 24 hours a day, everyday. If you are a FAMILY in need of shelter, please call 253-7970.

Shelter Location: Please note the new men & women's shelter at 595 Van Buren Dr. You must call first, do not show up!

Other groups assisting with homeless or housing:

Choices, for female victims of domestic violence & children under 18.
Call 24 hrs/day. 224-4663.

YOUTH Shelter: **Huckleberry House**, 24 hours crisis hotline, 294-5553, 1421 Hamlet Street. 294-8097 or www.huckhouse.org
OSU Star House Drop-In Center, 1621 N. 4th St. Ages 14-24, with food, internet, showers, laundry, counseling. Open 24/7. 299-2101

New Horizons Transitional Housing for Mentally Ill or Chronically Homeless individuals (Friends of the Homeless), 614-360-0251

Community Shelter Board, Provides referrals, service, and emergency housing for individuals in transition. Contact 221-9195.

Columbus Coalition for the Homeless, 1015 E. Main St., 228-1342.
Printable Streetcard with services listed at www.columbushomeless.org

Friends of the Homeless (Southwest Mental Health) 924 E. Main St., 360-0251

Drop In Centers

Open Shelter, 61 E. Mound St., 222-2885, M-F 10:00am-2:00pm.

St. Sophia, 1493 Indianola Ave., 702-9096, Tues-Sat, 7:30am-3:00pm.

Community Kitchen, 640 S. Ohio Ave., 252-6428, M-F 8:00am-2:00pm.

Other Organizations

Joint Organization for Inner City Needs (JOIN)

578 E. Main Street. Offers many services: funeral assistance, homebound food delivery and pantry referrals for 43204,43209,43211,43219,43223, some housing assistance if no income, prescription assistance, supplemental foods, utility assistance once every 12 months with one utility, vision assistance.
Contact: 241-2531

Columbus Neighborhood Health Center

1800 Watermark Dr., Ste. 420. Various health center locations that provide dental services, shots, healthcare for homeless, and other services.
Main number is 645-5500 or www.colnhc.org

Community Connection for Ohio Offenders

993 E. Main Street. Employment services, ex-offender services, support groups.
Contact: 252-0660

Community Refugee and Immigration Services

1925 E. Dublin-Granville Rd., Ste. 102. Services range from ESL classes, direct resettlement, employment services, human trafficking case management, immigration legal services, translation/interpretation. 3 locations. Contact: 235-5747 or www.crisohio.org

World Relief 4664 Cleveland Avenue. Working with refugees in transition.
Contact 337-2448

Somali Community Association of Ohio 3422 Cleveland Ave.
Contact 262-4068

Ethiopian Tewahedo Social Services 1060 Mt. Vernon Ave.
Contact 252-5362

LifeCare Alliance

1699 W. Mound St. Many services for senior citizens. Contact: 278-3130 or www.lifecarealliance.org

Mid-Ohio Regional Planning Commission

111 Liberty St., Suite 100. Various programs of assistance like Single Family Housing Rehab, Guaranteed Ride Home Program, Housing Rehabilitation Loans, Mortgage Assistance Program One and Two, Residential Energy Conservation Program, Ride Solutions, Transportation and Resource Locator.
Contact: 228-2663.

Other Healthcare Resources: Complete list of health care resources, please visit www.publichealth.columbus.gov

Miscellaneous Services

Veterans Services

Franklin County Veterans Services Commission, 250 W. Broad Street. Veterans benefits and financial assistance. Open Mon. and Wed.-Fri., 8:00 am.-4:00 pm. Contact 462-2500.

Vet Center, 30 Spruce Street. Mental health services and readjustment counseling. Open Mon.-Fri., 8:00 am.-4:30 pm. Contact 257-5550.

VA Outpatient Clinic, 543 Taylor Ave. Medical, mental health, social services. Open Mon.-Fri., 8:00 am.-4:30 pm. Contact 257-5200.

Women Veterans, Advisory Committee, 77 S. High St., 7th Fl. Contact 752-8941.

Volunteers of America Vets & Families, 567 W. Broad St., Contact 614-629-9960 or vetsandfamiliesFIRST.org

Veterans Crisis Hotline, 1-800-273-8255 and press #1 and/or After Deployment Outreach Center, 1-866-966-1020.

Transportation

COTA Local bus service. For more information contact 228-1776 or www.cota.com

Project Mainstream COTA's paratransit service for eligible persons who are unable to use the fixed route service as a result of their disability. Guidelines for COTA Project Mainstream eligibility are based upon the Americans with Disabilities Act (ADA). Inability to drive a car, distance from bus stop and age are not qualifying conditions in determining eligibility. Project Mainstream provides service during the same hours as the fixed route bus system. To verify current times, call (614) 228-1776.

Furniture Bank of Central Ohio Provides free furniture and household goods to families in Columbus area. Must have a referring agency. They do have criteria for assistance. Call 272-9544.

Columbus Area Shelters & Housing

Franklin County Dept. of Job & Family Services, emergency assistance with rent, utilities. Contact 614-233-2000

Ohio Housing Finance Agency, Mortgage assistance for 1st time homeowners, families in hardship & recent high school or college graduate. www.ohiohome.org Contact: 614-466-7970.

Columbus Metropolitan Housing Authority, www.cmhanet.com 880 E. 11th Avenue. Low income & Section 8 housing. Contact 421-6000.
Columbus Housing Network, www.chninc.org

680 Watermark Dr., ADAMH, Supportive Housing. Contact 487-6700.

Columbus Housing Partnership, www.housingpartnership.net 562 E. Main St. Assists with low-income housing for working individuals & families. Contact 221-8889 or www.request@homeportohio.org

National Church Residences, www.nationalchurchresidences.org 5 locations in Columbus. Homeless & senior housing. Contact 1-800-388-2151.

HUD (Housing Urban Development), 200 N. High St., 7th Fl. HUD's mission is to increase homeownership, support community development and increase access to affordable housing free from discrimination. Contact 469-5737.

Salvation Army Direct Housing Program, Eligible candidates in Franklin County must be a homeless family living in the Homeless Shelter System.

Community Connections, 993 E. Main St., Affordable housing for ex-offenders/individuals in transition. Contact 252-0660.

Lutheran Social Services Affordable Housing, www.Lssco.org Has affordable housing for seniors and disabled. 21 site locations. Contact: 228-5200

Sober Living Directory on-line for each state's housing listings at www.soberliving.interventionAmerica.org

Free Meals

Community Kitchen, 640 S. Ohio Avenue, Breakfast, 8:30-9:30 am. & lunch served 11:30am- 12:30pm. Monday- Saturday. Contact 252-6428.

St. Dominic's Community Kitchen, 453 N. 20th St., 252-6428, M-F Breakfast, 8:30-9:30am. & Lunch, 11:30am-12:30pm.

Faith Mission Men: 245 N. Grant St., Meals served daily. Breakfast 6:30- 7:15 a.m., Mon.- Fri.; Sat &Sun 8:30-9:30 am.; Lunch everyday 12:30-1:30 pm; Dinner everyday, 6:45-7:45 pm.

Women & children: 245 N. Grant St., Meals served daily. Breakfast, 7:30-8:15 am.; Lunch 11:30-12:15 pm.; Dinner 5:30-6:15 pm.

Holy Family Soup Kitchen, 57 S. Grubb Street, Lunch served 10:30 am.-12:30 pm., Mon.- Fri. Contact 461-9444.

New Life UMC, 25 W. 5th Avenue, Sun. 6:30-9:00 am. Tues. 9:00-11:00pm. Contact 294-0134.

Broad St. UMC, 501 E. Broad St., Dinners on Mon, Tues., Thurs, 5:30 pm. and Wed. 6:00 pm. Contact: 221-4571.

Better Way Ministries, 38 W. Greenwood Ave., Dinner on Tues, Thurs, Fri. 7:00 pm., Contact: 245-8099.

Open Shelter, 61 E. Mound St., Lunch on Mon-Fri, 10:30am-2:00 pm. Contact: 222-2885.

St. Sophia's Orthodox, 1493 Indianola Ave., Breakfast Tues-Sat., 8-10:00am. Tues, Wed, Thurs, Sat, lunch 12-2:00pm., Friday pizza dinner, 5-6:00 pm. Contact: 702-9096.

Stowe Mission of Central Ohio, 888 Parson Ave., Mon-Fri, 11am-12:30 pm. Contact 445-8400.

Loaves & Fishes, 1702 Parsons Ave., Mon-Fri., 11am-12:00pm. Contact 445-7342.

Mt. Olivet Baptist, 428 E. Main St., Fri., 12-2:00pm. Contact 221-3446.

Hand To Hand Ministry, 1547 Parsons, Mon,Tues,Thurs. 11am-1pm. and Sat. 1-4:00pm. Contact 443-5363.

First English Lutheran, 1015 E. Main St., Thurs 6-7:00pm and Sunday 9:30-10:15am.

Trinity Episcopal Church, 125 E. Broad St., Sunday, 2:00pm.

Miscellaneous Services

Social Services

Catholic Social Services, 197 E. Gay St. Contact 221-5891.

Franklin County Children Services, 855 W. Mound main office, 275-2571, 24 hr. intake office 4071 E. Main, 229-7100. 24 hr. abuse hotline 229-7000.

Franklin Co. Homeland Security & Justice Programs, 3735 S. High St., 25th Fl. Contact: 877-647-4683.

Hotlines and Counseling

NetCare Access 24 Hour Hotline, 276-2273. or www.netcareaccess.org

Suicide Prevention 24 Hour Hotline, 1-800-273-8255 www.suicidepreventionlifeline.org

Ohio Health Sexual Assault 24 Hour Hotline, 267-7020 or National 1-800-656-HOPE

Choices Domestic Violence 24 hour Hotline, 224-4663. www.choicescolumbus.org

Parenting and Pregnancy

Vineyard Value Life Ministry Provides practical and loving support to women who have experienced an unplanned pregnancy. Contact 259-5318.

Pregnancy Decision Health Centers Various locations. Provides assistance to mothers facing a crisis pregnancy. Provide free pregnancy testing, and infant clothing. To find a center near you, contact 441-4411.

Maternity Resource Center, Immanuel Baptist Church, 3417 Palmetto St., Contact: 272-7038. MRC is open each Wednesday from 6:30-8:00 pm. and Saturdays, 10:00am-12:30pm. You can receive free maternity clothing, baby and infant clothing and other baby items including diapers. The parent/guardian must bring photo ID and child's medical card. www.bfco.org

Help Me Grow (Ohio Dept. Health), 246 N. High. Helps support new mothers and young children. Contact 644-8389 or www.ohiohelpmegrow.org or email: hmg@odh.ohio.gov

Salvation Army Neighborhood Centers baby supplies, clothing, diapers and food, subject to availability. Must work with a social worker to get a voucher for specific stores. Contact 262-9611 for locations.

Diaper Bank provides free diapers. Visit their webpage. Also you can make appt. at Broad St. Presbyterian Church, 760 E. Broad St., 614-461-9180 and the Diaper Distribution Center, 1040 N. High St., 614-619-9180. www.columbusdiaperbank.org

Miscellaneous Services

GED Preparation/Testing

6000 Cooper Road, Westerville. Includes instruction and tutoring in all five subjects-reading, writing, social studies, science and mathematics. Offers daytime classes - Tues. & Thurs. 9:00am - 1:00p.m. and evening classes, Tues. & Thurs. 6:00 - 9:00p.m. We only accept new students during orientation dates. For more information, please contact Maria Broeckel at 259-5296.

Columbus Literacy Council 92 Jefferson Ave., a volunteer-based organization dedicated to increasing the level of functional literacy of adults in central Ohio through teaching the English language skills of listening, speaking, reading, and writing. Contact 224-0501.

Employment & Job Preparation

Franklin County Dept. of Jobs and Family Services Various centers available, call for locations. Admin. offices 1721 Northland Park Ave. Contact 233-2000.

Columbus Urban League The Columbus Urban League Career Development Services provides employment opportunities for African Americans and other citizens through advocacy, research, training,. Got to webpage, www.cul.org for information.

COWIC JobLeaders 1111 E. Broad St., Ste. 201. 614-559-5052 or email to info@cowic.org

Vineyard Community Center - One-on-one monthly coaching at Career Clinic, monthly group through the Career Network. Leave message 259-5506 or send email to vineyard.career@vineyardcolumbus.org

Clean Turn Work-ready, sober, and motivated individuals for jobs. On busline. Contact kchow@cleanturn.org or 614-447-0528 for more info.

Legal Assistance

Vineyard Free Legal Clinic 6000 Cooper Road, Westerville, OH 43081. Open 1st Mon. of the month 5:30 p.m., consultations from 6:30- 9:00 p.m. No appointment necessary. Vineyard Community Center. For more information contact vclegalclinic@vineyardcolumbus.org.

Legal Aid Society of Columbus 1108 City Park Ave. Various services. Intake Contact 241-2001, Mon-Fri, 9am-3:30pm.

Columbus Bar Association For lawyer referral, contact 221-0754.

Capital University Legal Clinic 303 E. Broad. Hours 8:30am-4:30pm. Contact 236-6245

Equal Justice Foundation 88 E. Broad St., Ste. 1590. Contact 224-9800.

Community Mediation 67 Jefferson Ave., will help with rent disputes with landlord. They can often help buy time. Contact 228-7191.

Columbus Area Food Pantries

Vineyard Columbus Food Pantries:

Fruit of the Vine and Northside

Fruit of the Vine pantry is located at 181 E. 5th Avenue. Area served: 43201.

The Northside Pantry is at 4664 Cleveland Avenue. Areas served: 43229, 43224, 43231. Open Saturdays, food pick-up 9:30 am.-11:30 am., 8:30am free pancake breakfast. First come, *No appointment needed*. Bring picture ID, proof of address, birth certificates or SS cards for children. If not in zip code area, we can serve you one time. Also, both pantries are locations for the Ohio Benefit Bank with counselors by appt. on Saturday mornings. To make an appt. call 259-5441.

Better Way Ministries

38 W. Greenwood Avenue, Columbus. Area served: 43201 within 2 mile radius. Walk-ins ok. No referral needed. Open Tuesdays, Thursdays, Fridays from 7:30-8:30 pm. Contact: 348-2263.

Gahanna Residents in Need (GRIN)

760 Morrison Rd. for those living in Gahanna-Jefferson school district. Hours vary. Contact: 614-214-4747 or www.grin4ghanna.org

WARM/Paul's Pantry - Westerville

150 Heatherdown Dr. No walk-ins. Only HANDS-ON referral. Area served: 43081, 43082, 43229, 43230, 43231, Westerville school district. 1st & 3rd Mon. 5:00-7:00pm., Tues. 9:00-11:00am & 1:30-3:30pm., Wed. 9-11:00am., Thurs. 4:00-6:00pm. Contact: 899-0196

Epworth UMC Food Pantry - Northside

5100 Karl Road. Area served: 43229. Must have referral from HANDS-ON, No walk-ins. Contact: 885-8015. Monday, 9:00am-6:30pm. and Tues. thru Thurs., 6-6:30 pm.

Northland Church of Christ - Northside

4581 Cleveland Avenue. HANDS-ON referrals. No boundaries. Contact: 410-5860. Open on Wed. , 7-8:00pm.

Dublin Food Pantry

81 W. Bridge St. Area served: 43016 and 43017, Dublin school district. Walk-ins okay. Mon. 6-7:30 pm., Tues. 10am-Noon, Thurs. 4:30-6:30pm. Contact 889-6590.

Columbus Area Food Pantries

Salvation Army Pantries & Meals

7 food pantry locations. Contact Hands On for food referral and locations. Senior food boxes for those over 60 yrs., Contact 221-6561. Mobil food canteen 3 locations on Saturdays and Sundays, hot meals, Fulton & Grant, 5-5:20pm, St. John's Church at Ohio & Mooberry, 5:30-5:50pm. And Intake Center at Maryhaven, 6-6:20pm. Lord's Table Hot Lunch, Wed. & Fri, 11:00am-12:30pm., Hilltop area, 2300 W. Mound. Contact 274-7600.

Calvary Rd. Community Church - Grove City

5108 Norton Rd., No referral needed. Walk-ins ok. 2nd & 4th Thurs. 9-1:00am. Contact: 878-2887

Community Resource Center-- Clintonville/Beechwold

14 W. Lakeview Ave. Area served: 43202 N. of Hudson, 43214. Walk-ins ok. No referral needed. Mon. 11-5:00pm., Tues. 12-7:00pm., Wed. 11-6:00pm., Thurs 12-7:00pm., Fri. 12-4:00pm. Contact: 268-8718

Native American Indian Center of Central Ohio

67 East Innis Ave. Contact 443-6120 for services information.

Neighborhood House. Inc.

1000 Atcheson St., Area served: 43203, SW-I-71/Broad, SE-Nelson Rd./Broad, NE-Nelson Rd./I-670, NW-Cleveland/5th. Tues. & Thurs. 9-1:00pm. after the 10th of the month only. Contact 252-4941.

New Salem Baptist/Bread of Life

3019 Cleveland Ave. Walk-ins ok. Area served: 43224. 6-7:30pm. Mon.-Thurs. Contact: 267-2536 ext. 446

Inner City Ministries Hilltop Outreach Center

2364 W. Broad St., Contact: 469-7920 for services.

Eastview UMC Pantry

1045 Ross Rd. Area served: 43109, 43110, 43232, 43068, 43147, 43207, 43125. Call for times, 235-7895.

Brice UMC Pantry

3160 Brice Rd. Areas served: 43109, 43110, 43232, 43068, 43147, 43207, 43125. Sat, 9am-Noon. Contact 866-3025.

Gladden Community House, 183 Hawkes Ave., Franklinton area. Many services including food pantry. Contact 227-1600.

Central Community House, 1150 E. Main St. Contact 252-3157

Mental, Health, Alcohol, & Drug Treatment

Vineyard Counseling Center 259-5409

NetCare Access, 199 S. Central Avenue, 741 E. Broad Street. Open 8:30 a.m.-3:30 p.m. Mon.-Fri. For more information contact 1-888-276-2273, or 276-2273.

Maryhaven, 1791 Alum Creek Dr. Detox Admissions. 24 hours a day. Contact 445-8131.

Southeast, Inc. 16 W. Long Street. Open Mon.-Fri., 8:00 a.m.-5:00 p.m. Contact 225-0990.

Cocaine Anonymous Referral to support groups. Contact 251-1122.

Narcotics Anonymous Referral to support groups. Contact 252-1700. Regional helpline 1-800-587-4232

Alcoholics Anonymous Referral to support groups. Contact 253-8501.

House of Hope Treatment services for Men, Women, and Children. Open Mon.- Fri., 8:00 a.m. - 4:30 p.m. Contact 291-4691. www.hofhope.org

CompDrug Corp. 547 E. 11th Ave. Counseling and treatment. Contact 224-4506. www.compdrug.org

Amethyst 455 E. Mound St. Residential treatment for Homeless Women and Children. Contact 242-1284. www.amethyst-inc.org

Pearl House Christian based with focus on after care phase, not a rehab center. Contact 430-5950 or www.friendsministry.org

Salvation Army Rehab Centers Assessment and treatment for men. Contact 1-800-SA-TRUCK.

Drug-Rehab.org 1-855-378-4734

Treatment Centers Directory 1-800-315-2056

Volunteers of America 1-866-202-4814

Columbus Health Department 240 Parsons Ave. Outpatient treatment for substance abusers. Open Mon.-Fri., 8:00 a.m.-5:00 p.m. Contact 645-7306.

Ohio Drug Assistance Program for treatment of HIV

1-800-777-4775 or www.odh.ohio.gov for application

Aids Resource Center (ARC) 1033 N. High, 299-2437 or 1-866-739-0720. Free testing. For hours, go to www.arcoho.org or www.stonewallcolumbus.org

National AIDS Hotline 1-800-342-2437

Rent/Utility Assistance

HEAP (gas or electric)

The Home Energy Assistance Program (HEAP) is a federally funded program administered by the Ohio Department of Development, Office of Community Service (OCS). It is designed to help eligible low-income Ohioans meet the high costs of home heating. For more information contact IMPACT office or visit an Ohio Benefit Bank.

AEP Ohio

Percentage of Income Plan (PIPP) Program for low income customers. Contact the IMPACT office to apply in the fall or visit an Ohio Benefit Bank.

AT&T

Lifeline Ohio program for assistance with deposit /installation services plus monthly discount if qualify. 800-335-8721 or go to AT&T Lifeline online for application. There are requirements.

Central Community House, 1150 E. Main St., provides limited assistance for health issues, housing, and utilities on an emergency basis. For more information contact 252-3157. Only for 43205 zip.

JOIN (gas, water, meds, infant), 578 E. Main St. First come, first served basis. Hours 10-11:30am. and 1:00-2:00pm. Monday thru Friday. For more information contact 241-2530.

Impact Community Action (CFCCAA)

700 Bryden Road and other locations. Energy Assistance program, Emergency HEAP, Percentage of income payment plan (PIPP), Regular HEAP. Contact: 252-2799 or email at communications@impactca.org

Stable Families Program, 510 E. North Broadway, Ste. 4A. YWCA Family Center must give referral. Provides rental assistance to at risk families. Call 253-7970 or www.ciskids.org

Breathing Association will have summer and winter assistance programs through HEAP, electric bill help, air conditioners for medical need. 457-4570.

Safe Haven Apts., 1680 Watermark Dr. Housing for men & women homeless with dual diagnosis of mental illness & homelessness. Contact 487-6700.

(More resources on page 18)

Columbus Area Food Pantries

St. Stephens Community House

1500 East 17th Avenue. Area served: 43081,43201,43211,43219,43224,43229, 43230,43231. *Sorry, no exceptions! Provide proof of residency.* Mon-Wed-Thurs. & Fri. 11:30am-3:30pm and Tues. 3:00-6:00pm. Contact 294-6347

Stowe Baptist Center

888 Parsons Avenue. Contact 445-8400 for info.

Victory Ministries, INC

2955 Switzer Ave. Area served: No boundaries. Intake: walk-in 12:30 p.m.-3:00 p.m., Mon.-Fri., last 15 days of month. Services: Food and clothing pantry provides short-term emergency food supply once a month, and clothing for adults and children. Seniors ages 60 and older may come more than once per month. No third-party pick-up. Must bring a picture ID (driver's license, welfare ID, work ID, etc.), proof of address for each adult in household (utility bill, medical card, lease, etc.), proof of family size (social security cards, medical card, birth certificates, etc.), and verification of need (if employed, recent pay stub and rent receipt or lease; if on assistance programs, document confirming current situation, award letter or health care). For more information contact 252-2500.

Southside Community Ministries, St. Paul UCC

225 E. Gate St. See website at www.sscmfoodpantry.org or contact 444-1669.

Lutheran Social Services

1460 S. Champion Ave., 443-5130 and 82 N. Wilson Rd., 279-4635. Must call Hands On Foodline for referral and hours.

PCMA Pickerington Food Pantry, 15 E. Columbus St. Contact 834-0079.

Livingston Ave. UMC Food Pantry, 200 E. Livingston. Area Served: 43205, 43206, 43207. Tues, Thurs, Sat., the last FULL week of the month, 10am-Noon.

***This is not a complete list of pantries. To better access on-line, go to Hands On Central Ohio and click on information services, and then click on directory and you can plug in your zip code for services and get a list of pantries in your area. Also call the Foodlink hotline number on the back of booklet.**

Free Clothing

New Life United Methodist Church Clothing Room

295 W. 5th Ave. Tues & Weds. 9:00-11:15 a.m. Contact 294-0134.

Victory Ministries, Inc.

2955 Switzer Avenue, Columbus. Contact 252-2500.

Salvation Army 966 E. Main St., Mon-Fri, 8:30am-5:00pm, *appt. only.*

Contact: 221-6561.

United Methodist Free Store

946 Parsons Ave. Tuesday, Thursday & Saturday, 10am-12:30pm; Wednesday, 1-3:30pm and Friday, 3-5:30pm. Contact 443-1713 or www.4allpeople.org

Westside Free Store, 61 S. Powell Ave., Mon, 10am-12:30pm., Thurs, 3-5:00pm. and Sat, 12-2:30pm. Contact: 351-5480.

Charity Newsies, 4300 Indianola Ave., 263-4300. Children's clothing for school. Must make appointment.

Dress for Success, promotes economic independence for women seeking employment by assistance with clothing, networking, support and career development tools. Contact 291-5420. Various location.

Gahanna Residents in Need (GRIN)

760 Morrison Rd. for those living in Gahanna-Jefferson school district. Hours vary. Contact: 614-214-4747 or www.grin4ghanna.org

Joseph's Coat of Central Ohio

240 Outerbelt St., eastside area, helping individuals and families to provide for themselves by offering clothing, furniture, personal care items and household goods. Check website for store hours and location map at josephscoatofohio.org or call at 614-863-1371. Need ID with address on first visit. Furniture by appt.

Free/Low Cost Health Care Services

Vineyard Free Health Clinics (Cooper Road)

6000 Cooper Rd, Columbus, OH 43081, located in the Community Center.

Medical: Walk-in, 1st come, 1st served, *Every Tuesday evening*. 10-12 patients will be seen. Sign-in begins at 5:30 pm. Line forms earlier. Provides diagnosis and treatment of illnesses only. **Basic work physicals** by appointment. Call 614.259.5428. (No lab test, infections, or x-rays.)

Dental: *By appt. only.* Provides dental exams, x-rays, fillings, extractions and cleanings. (No bridgework, orthodontics, dentures, crowns, or root canals.) Call 1st & 3rd Fridays 9:00-9:45 am. to schedule appts. 614.259.5428.

Vision & Chiropractic *by appt. only.* Vision exams and vouchers for free eye-glasses to those who qualify. Call Fridays 10-10:30am to schedule appts. 614-259-5428.

Vineyard Free Dental Clinic Only (still offered at 5th Ave.)

171 E. 5th Ave, Columbus, OH 43201. **Walk-in dental** *every Thursday evening. Sign-up posted by 7:00 am. Must return by 5:30 pm. to be seen.* (Usually 4 patients seen.) First come, first served. Exams, x-rays, fillings, extractions. (Cleanings by appointment) **Dental by Appointment:** *call 1st & 3rd Fridays 9:00-9:45 am.* 614-259-5428.

Vineyard clinics now serve those who are uninsured OR have Medicaid with incomes below 200% of the Federal Poverty level. (No Medicare or other government issued health care programs are eligible for services.)

Lower Lights Christian Health Center (two locations)

1160 W. Broad St., 171 E 5th Ave., and 6000 Cooper Rd. Faith based non-profit health center working with insurance and non-insurance patients. To call 274-1455 for an appointment and info.

Columbus Free Medical Clinic

2231 North High Street. Sign-up posted Thursday mornings at 7:00am. Must return at 4 p.m. to 2nd floor of clinic. For more information contact 404-8417.

Columbus Health Dept.

240 Parsons Ave., CMA Free Clinic, contact 645-7417 for services.

Physicians Free Clinic

240 Parsons Ave. Sign-in begins at 5:00 p.m. Mondays only. No appointment necessary. First come, first served basis. No documentation required. Patients must live in Franklin County, and must be uninsured. Contact 240-7430.

Stowe Baptist Center

888 South Parsons Ave. Mobile Medical Clinic, Dental Clinic and Eye Clinic call 445-8400 for information. www.stowemission.org

Dental Options Links clients with volunteer dentists or clinics for reduced or free rate. 233-6338 or 1-888-765-6789

Southeast, Inc. Healthcare Services Main office at 16 W. Long St., 225-0980. Many clinic locations and services. Call for in or go online to www.southeastinc.com